

Weather Conditions - M:10 to 4:00 pm
& a bit humid

Date 22.10.09

Southside Masters Inc

Short Track 1 mile

Long Track 3 k

Short Track 1 mile							Long Track 3 k						
Name	Actual	l'cap	Nett	Pl	Po		Name	Actual	l'cap	Nett	Pl	Po	
	Time		Time	acc	ints			Time		Time	acc	ints	
1	T Vuong	5:01	3:25	1:38	1	18	1	T Vuong	9:58	1:47	8:11	8	24
2	O Hoare	5:29	1:27	4:02	5	12	2	B Plummer	10:13	1:42	8:31	14	17
3	Magda Poulos	5:40	1:29	4:11	7	9 1/2	3	Marco Bareiss	10:15	2:13	7:47	2	32
4	Roland Groeschell	5:59	-	5:59	13	4	4	P Ray	10:35	2:19	8:16	10	21 1/2
5	B Plummer	6:01	1:26	4:35	10	7	5	Kim Delaney	10:45	-	10:45	27	5
6	Chris Hoare	6:05	-	6:05	14	3	6	J Shaw	10:52	2:20	8:32	16	16
7	Madison Shaw	6:38	-	6:38	15	2	7	Magda Poulos	10:56	2:18	8:38	18	14
8	Mark Simpson	6:49	2:17	4:32	9	8	8	J Dawlings	10:57	2:40	8:17	12	20
9	Louise Denneen	7:11	3:00	4:11	7	9 1/2	9	Chris Mollen	11:02	-	11:02	28	4
10	J Dawlings	7:15	3:14	4:01	4	13	10	Rory McRae	11:04	2:44	8:20	13	19
11	Jan Marshall	7:17	3:09	4:08	6	11	11	Ben Austin	11:08	-	11:08	29	3
12	C Plummer	7:23	3:23	4:00	3	14	12	Lynette Delaney	11:16	-	11:16	30	2
13	C Russ	7:26	2:34	4:52	11	6	13	B Lloyd	11:47	3:11	8:36	17	15
14	Jessica Colquhoun	7:26	2:18	5:08	12	5	14	T Yates	11:51	2:50	9:01	22	10
15	M McQuirk	8:30	4:51	3:39	2	16	15	D Robinson	11:53	4:04	7:49	3	30
16							16	Louise Denneen	11:55	4:02	7:53	4	28
17							17	D Wendt	11:57	3:56	8:01	5	27
18							18	C Wiley	12:15	4:08	8:07	7	25
19							19	Nathan Breen	13:17	3:23	9:54	25	7
20							20	B Simpson	13:25	5:13	8:12	9	23
7.5 k Road Race							21	T Dixon	13:45	4:37	9:08	23	9
1	Sean Hogan	35:54	-	35:54	7	3	22	J Irvine	14:15	4:57	9:18	24	8
2	G Keir	36:04	1:45	21:07	2	8	23	Jan Marshall	14:32	5:33	8:59	21	11
3	J Vella	36:55	1:43	22:19	4	6	24	R Toole	14:48	6:09	8:39	19	13
4	B Fickel	38:37	1:44	24:06	5	5	25	M Roberts Jr	15:44	7:20	8:24	14	18
5	D Burns	40:15	1:18	21:59	3	7	26	M Izard	16:10	8:08	8:02	6	26
6	J Valentine	43:24	-	43:24	8	2	27	Mathew Simpson	17:01	6:34	10:22	26	6
7	M Gentle	47:11	2:34	25:37	6	4	28	Tricia Simpson	17:25	9:09	8:16	10	21 1/2
8	P Dell	48:33	2:29	21:04	1	10	29	T Hill	17:28	9:58	7:30	1	34
9							30	Anna Argall	18:03	9:23	8:40	20	12
10							31						
11							32						
							3 k Walkers						
13							1	O Millridge	21:22	9:01	12:21	3	8
14							2	C Russ	24:32	12:58	11:34	1	11
15						33	3	A Argall	26:43	13:29	13:14	6	5
16						34	4	Jessica Colquhoun	27:13	14:32	12:41	5	6
17						36	5	C Plummer	27:15	15:07	12:08	2	9
18						37	6	H Simon	28:48	15:32	13:16	7	4
				1st		38	7	Diane Wiley	31:41	19:10	12:31	4	7
						43	8	Nicole Ray	37:48	13:50	23:58	9	2
				2nd		44	9	B McCredie	37:48	20:23	17:25	8	3
							10						
				3rd			11						